



Estd: 1999
SRI BALAJI EDUCATION TRUST

RAMAKRISHNA AYURVEDIC MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE

#54/2, Ramagondanahalli, Yelahanka, Bengaluru-560064

Permitted by NCISM, Ministry of AYUSH, New Delhi, Govt of India, Recognized by the Department of AYUSH Govt of Karnataka &

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru

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Ref no: RAMC/AR/2022-2023

Date: 24th March 2023

ANNUAL REPORT **ACTIVITIES - JANUARY 2022 to DECEMBER 2022**

MONTH	DATES	PERTICULARS
JANUARY	05-01-2022	Dissection Hall Arrangements- New charts and dissection kits arranged, preservation of cadaver is checked.
	19-01-2022	Anatomy Pick & Speak Competition conducted for UG 1 st Year students and distributed prizes
	21-01-2022	Attended a Webinar on NEET Preparation For Students- By Pravesham Ayurveda Academy.
	26-01-2022	The historic day, January 26 is celebrated with festivities and patriotic manne.
FEBRUARY	12-02-2022	Apamarga Mrudu Kshara Preparation Done- with PG students
	22-02-2022	Internal Preparatory Exam conducted for 2020 batch.
MARCH	16-03-2022 onwards	Ayurveda Awareness Talks in Schools near Yelahanka
	28-03-2022	Welcome function coordination for 2021 batch students
APRIL	04-04-2022	Anatomy Dissection Hall Development Done- Old Specimens replacement done, new labeling for the existing specimens done, preservatives replacement done to all specimens.
	18-04-2022	Orientation about Ayurveda Practice to new batch done.
MAY	07-05-2022	RAATILMS- Educational Methodology Certification done.
	16-05-2022	Seminar on Bandaging Techniques done. (2-4pm)
	18-05-2022	Attended National Webinar on DD.
	21-05-2022	Attended Teachers Training - Shareera Rachana New Syllabus pattern(Online)
JUNE	05-06-2022	World Environmental Day Celebration Coordination with V - care trust.
	21-06-2022	International Yoga Day celebrations - association with local Panchayat authorities
	22-06-2022	Yoga Day Celebration Coordination done.
	25-06-2022	Participated and receive certificate- National Webinar on Shalyatantra.(Jupitor Ayurveda)
JULY	11-07-2022	Dissection Hall cleaning,exhaust,fan,light,water facility restored.
	16-07-2022	Medicinal Sapling Plantation under Azadi Ka Amrit Mahotsva



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JULY	20-07-2022	Prepared 21 New Charts for Anatomy
	27-07-2022	Prepared Pamphlets, Shalyatantra Brochure and PPT for JIJNASA 2022 and participated.
		By: PTSR department: Prepared PPT on scope of services of RAMC for Jijnasa seminar 2. Prepared content for pamphlet on Sthanika Chikitsa in Prasuti Tantra Streeroga for distributing in Jijnasa Seminar and for public awareness.
	31-07-2022	JIJNASA International Conference.
AUGUST	05-08-2022	Demo class conducted on Suturing Techniques for final yr students.
	07-08-2022	Published Journal in JAIMS "Single case Study of Vicharchika" By: Dr.Reshmi PK Department of Panchakarma
	11-08-2022	Conducted Awareness Camp for school students in and around Yelahanka under the banner of AZADI KA AMRUTH MAHOTSAVA [GK Naidu School, Ooty Convent School]
	12-08-2022	Ayurveda Awareness talk in VIVEKANANDA INTERNATIONAL PUBLIC SCHOOL YALAHANKA
		By: RAMC – PTSR Deptment : 1.Participated in rally conducted from Mini Vidhan Soudha , Yelahanka along with students representing RAMC as part of Independence Day Celebrations, Azadi Ka Amrith Mahotsav 2.Published article in TDU Heritage Amruth, Vol 18, Issue 4 , 2022, Home Care during nine months of Pregnancy
	13-08-2022	AZADI KA AMRUTH MAHOTSAVA- Ayurveda Awareness talks and camps in more than 20 schools around Yalahanka.
	14-08-2022	AZADI KA AMRUTH MAHOTSAVA- Ayurveda Awareness talks and camps in more than 80 schools around Yalahanka.
	15-08-2022	Independence Day Celebration Coordination- importance of traditional herbs in common life.
	21-08-2022	Senior citizen celebrated in befitting manner
		Weekly seminar by dignities throughout the month on every Saturday.
SEPTEMBER	03-09-2022	By RAMC – PTSR Department : Invited talk (Webinar) on "Swasthya Through Ayurveda- The art of maintaining Positive Health "conducted by Bangalore Warriar Samajam, for public



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SEPTEMBER		awareness.
	05-09-2022	Teacher's Day Celebration.
	10-09-2022	Seminar Presentation for students of RAMC on the topic "Abnormal Vaginal Discharges " by Dr.Surya
	12-09-2022	Medical camp in Prashanthi Vruddhashrama. Yalahanka.
	21-09-2022	Screening camp at Belakku Special School By Dr.Divya K chandran
	22-09-2022	Seminar on VIRUDDHA AHARA for 2021 batch.
	23-09-2022	By.RAMC - PTSR Department : Participated in Gynaecology medical camp as part of Dhara Vision Ayurveda 2047, held at I-AIM Health Care, Yelahanka along with students at RAMC - 2days
	23-09-2022	Seminar on folklore Medicine at IAIM for 2days
	26-09-2022	Har Ghar Har din Ayurveda session on "Computer vision syndrome" introductory class of Panchakarma for Seshadripuram PU College
	27-09-2022	Awareness class for PUC students of Sehsadripuram PU College, Yelahanka on the topic Ayurveda for Adolescent Gynaecological Problems -Department of PTSR
	28-09-2022	Har Ghar Har din Ayurveda session "Menstrual Disorders for Government School Students, Attur Yelahanka By: Dr.Surya Santhosh C
OCTOBER	02-10-2022	Pick & Speak Competition conducted & prize
	05-10-2022	Cultural Event - 3days
	15-10-2022	First Internals Conducted for 2021 batch
	17-10-2022	
	26-10-2022	Coordination of Deepotsava Function done.
	27-10-2022	Invited talk (Webinar) on Ayurvedic Approach to PCOS conducted by K.S.Varier's Astanga Ayurvedics
	29-10-2022	Weekly seminar on different clinical aspects by teaching staff on every Wednesday.
	30-10-2022	Involved in Organizing Arts Festival for students at RAMC
All Fridays of October	Participated in Ayurveda Gynaecology medical Camp conducted at Composite Hospital, Yelahanka as part of Azadi Ka Amruth Mahotsav.	



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	31-10-2022	Health awareness class for CRPF staff on the topic "Ayurveda for Women's Health" by: RAMC
NOVEMBER	15-11-2022	Guided a research proposal for final year students under CCRAS- SPARX research.
	17-11-2022	Arranged invited talk by Dr.Sahana K ,Medical Officer, Kayachikitsa, I-AIM Healthcare , for students of RAMC on the topic -Management of psoriasis in Ayurveda- A case report
	20-11-2022	Presented Paper at RAMC for students on the Topic "Menopause -Ayurvedic Approach" – By: Dr.Ashwini Mohan L Dept of PTSR
	22-11-2022	PHC visit and Diary visit as a part of curriculum activity for 3 rd Profession BAMS students
	23-11-2022	Educational trip to Kerala with 4 th profession BAMS students. 3days.
	26-11-2022	Celebration of Constitution Day- Conducted Quiz and Essay Competition.
DECEMBER	02-12-2022	Publication: (under processing in J-AIM) .Management of IUGR due to single umbilical artery through Ayurveda : a case report. PTSR Department
	12-12-2022	Talk (Webinar) for USA students of Kerala Ayurveda Limited on the topic – Ayurveda for terminal illness Care
	26-12-2022	3 rd BAMS students for Poster presentation Competition in Sushrutha Avabodhini 2022

Yours faithfully,
**Ramakrishna Ayurvedic Medical College
Hospital & Research Center**



Principal
PRINCIPAL
Ramakrishna Ayurvedic Medical College
Hospital & Research Centre, Bangalore.